



# ONE WORLD SCHOOLS PROJECT

Groundwork Solent is an environmental charity working throughout Hampshire to improve the lives of local people and the communities in which they live. Through our One World Schools programme we aim to educate young people on the benefits of sustainability and improve their appreciation of their environment.

So what's on the programme?

For groups with the age range 8 and over there are 2 survival-based options: a one-off island survival session and a 6-session survival skills course.

## MILLWORK ISLAND SURVIVAL SESSION

Session duration: 3 hours or full day  
Age range: 8 and over  
Supports: Citizenship curriculum

The group are marooned on a desert island with few resources and their teacher injured and incapacitated

Using Groundwork staff to help them the group must identify food and water whilst



providing themselves and their leader with warmth and shelter and signalling their location to the approaching plane.

## New 2011 prices

- » Delivered at sites in Southampton and Gosport
- » Costs are £5 per child per session for groups of 20 or more, with a £115 group rate for groups of less than 20
- » bespoke sessions on request for KS 1, 2, 3, BTECH and GCSE

For more information please contact  
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Groundwork Solent

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Join Groundwork Solent's fully trained environmental instructors for fun-filled activities which will support your work in the classroom, whilst allowing your children to explore the outdoors.



## SURVIVAL COURSE

Over 6 sessions the group will learn basic survival skills. Alternatively, a session can be requested by itself.

### Session 1: Navigation

The group will learn to navigate around the site using 3 methods. First using a sundial compass, then a self-made needle compass and finally a conventional modern compass. The group will then discuss applications for each and which is the most useful.

### Session 2: Shelter

During this session the group will construct an effective shelter using supplied equipment. Considering land form and plant structure the group must make the most effective shelter possible.

### Session 3: Warmth

The group will learn to light a fire using matches and magnesium blocks. Once fires are lit the group will learn to optimise their fire structure for warmth, cooking and signalling.

### Session 4: Water

The group will learn to purify water by four methods: Straight boiling, condensation, filtration and tablets.

After lighting fires and carrying out the various methods of purification, the group will test their samples in order to identify which method provides the most water and which provides the best taste.

### Session 5: Carving

After knife safety demonstrations the group will learn basic carving techniques before using the skills they have learned to create a "spork". If any time is left over, the group may fashion their own sculptures.

### Session 6: Wild food

Using the knowledge built up in previous weeks the group will work with the Groundwork leader to identify wild food around the Woodmill site and prepare it on fires set by themselves. Using their tools fashioned in previous weeks the group will be self-sufficient in the outdoors.

Session duration: 6x 3-hour sessions

Age range: 8 and over

Supports: Citizenship curriculum

For more information please contact  
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Groundwork Solent is a registered charity, number 1073049.

We are delivering the sessions in partnership with :

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